

Under a Rock

*Let's find ourselves
under a rock
where the first art was made
and signals can't reach
so we can connect,*

*We'll be children again, enchanted by unassuming sticks
planting ourselves on comfy rocks
beside stone tables clothed in lichen
on which to share our methods
and invent some.*

*While seeing stars
framed by jagged edged doorways.
Paved in ancient ocean ripples*

*We can notice that which is quiet,
slow down when told to keep up
and that we are falling behind
Who knows in what?
to where?
...told to perform on digital stages
Making content for the never-content.*

*I'd rather remember the creatures in cracks,
the super intelligence of termites,
the dimensionality of a tree,
The living world continuing
Dormant at times
Growing at times
Devastated now
and our tight place in it.*

*Current felt through the wall
when lightning strikes above us
will remind us.*

*We can reconcile with time
by making what we want
as slow as we please
and observe
No shortcut or destination
No supreme tool or tribe
No prescribed future or culture
Yet sharing the stories of all
in the shade
smelling of damp dust and our sweat
in the birthplace of human expression
where nobody leads and everything teaches.*



HEIDI FOURIE
Planting ourselves, 2026
Oil on board
150 x 91 cm / 152.3 x 93.2 x 3.5 cm framed
ZAR 58,000



HEIDI FOURIE
Filtering Through, 2026
Oil on board
91 x 91 cm / 93.3 x 93.3 x 3.5 cm framed
ZAR 46,000



HEIDI FOURIE

Holding it back, 2026

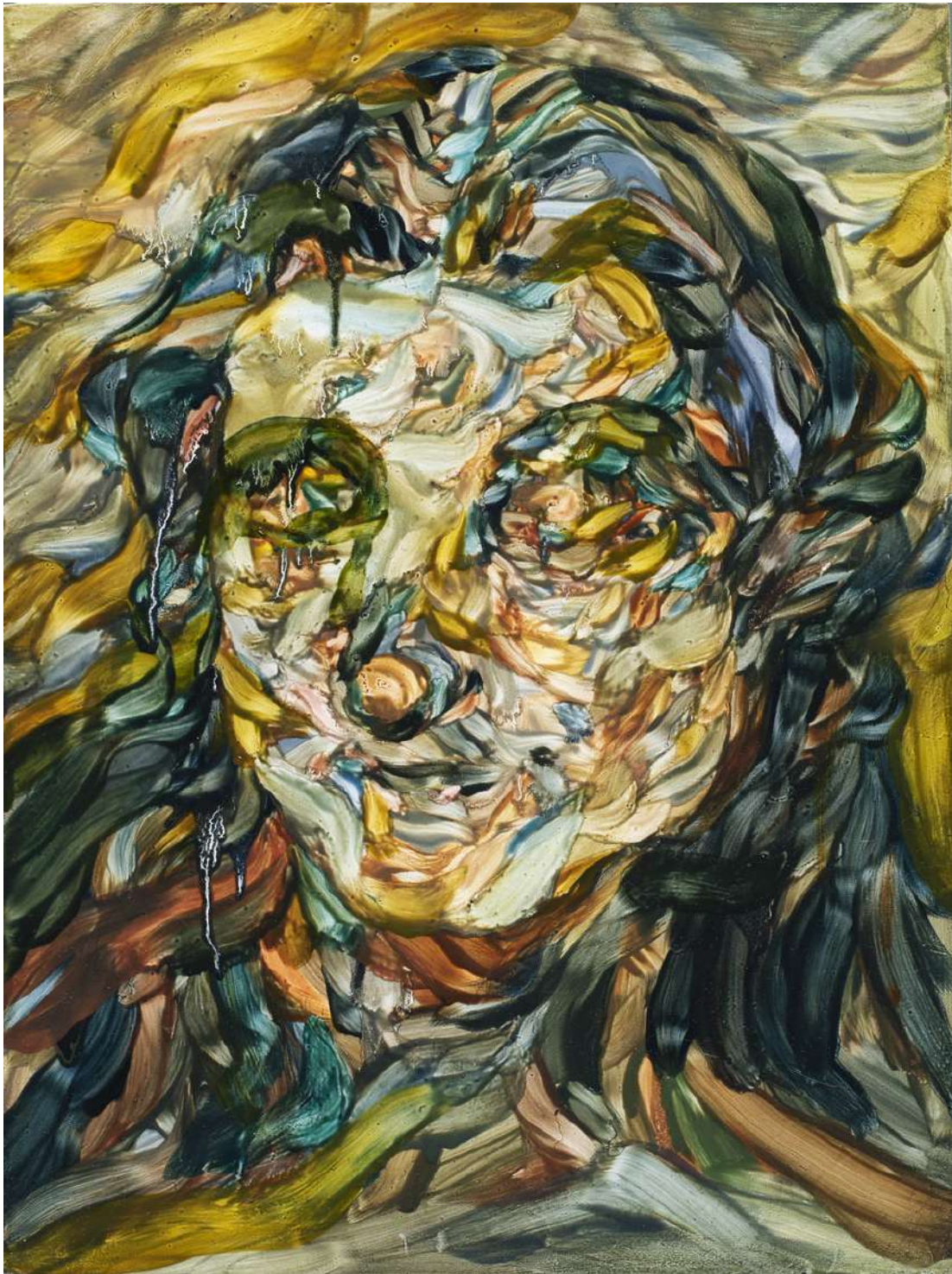
Oil on board

80 x 110 cm / 82.2 x 112.5 x 3.5 cm framed

ZAR 46,000



HEIDI FOURIE
Soft Landing, 2026
Oil on board
40.2 x 52 cm / 42.2 x 54.5 x 3.5 cm framed
ZAR 19,000



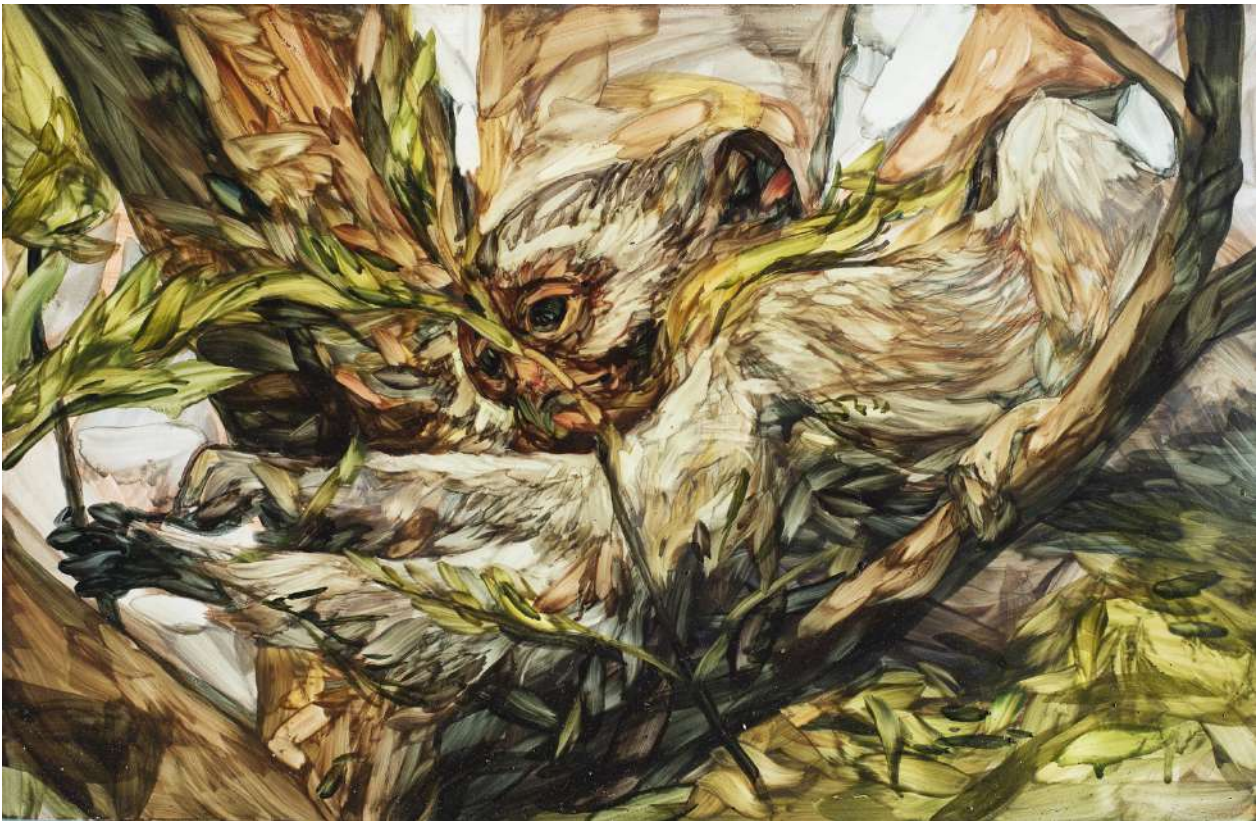
HEIDI FOURIE
Crawling Skin, 2026
Oil on board
40 x 30 cm / 42.5 x 32.7 x 3.5 cm framed
ZAR 16,000



HEIDI FOURIE
Secret Beach, 2026
Watercolour on paper
27 x 18.5 cm / 35 x 26.6 x 3.5 cm framed
ZAR 8,500



HEIDI FOURIE
Huddled, 2026
Oil on board
25 x 32 cm / 27.5 x 34.3 x 3.5 cm framed
ZAR 14,000



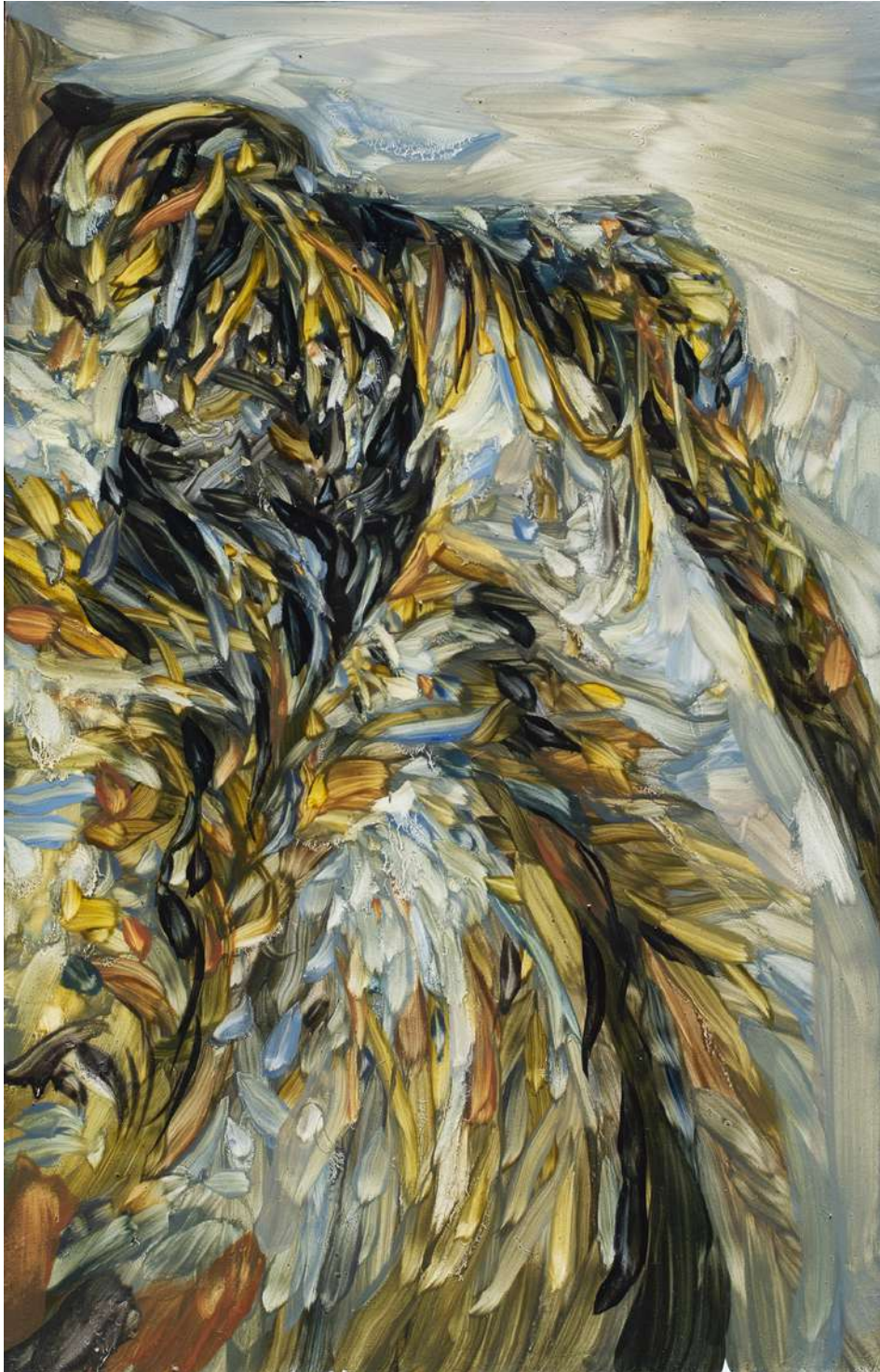
HEIDI FOURIE

They hide under the leaves, 2026

Oil on board

32 x 50 cm / 34.3 x 52.6 x 3.5 cm framed

ZAR 17,000



HEIDI FOURIE
Sentience, 2026
Oil on board
50 x 32 cm / 52.5 x 34.5 x 3.5 cm framed
ZAR 17,000

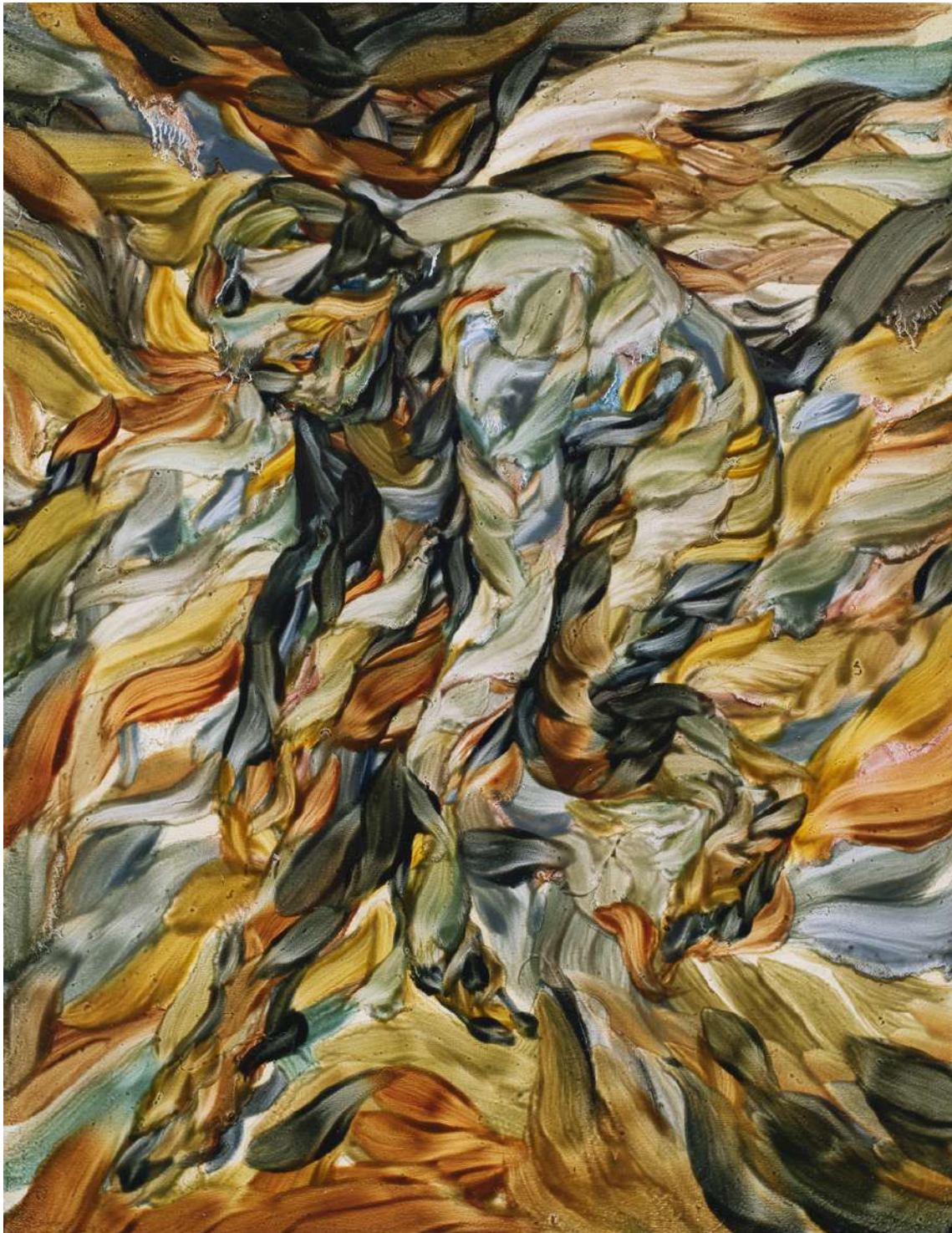


HEIDI FOURIE
Drinkable Stream, 2026
Oil on board
32 x 47 cm / 34.5 x 49.5 x 3.5 cm framed
ZAR 19,000



HEIDI FOURIE
Retreating, 2026
Oil on board
28 x 20 cm / 30.5 x 22.5 x 3.5 cm framed
ZAR 13,000

99 LOOP



HEIDI FOURIE

As slow as we please, 2026

Oil on board

32 x 25 cm / 34.5 x 27.3 x 3.5 cm framed

ZAR 14,000



HEIDI FOURIE

Green Layer, 2026

Oil on board

127.4 x 38.8 cm / 130 x 41 x 3.5 cm framed

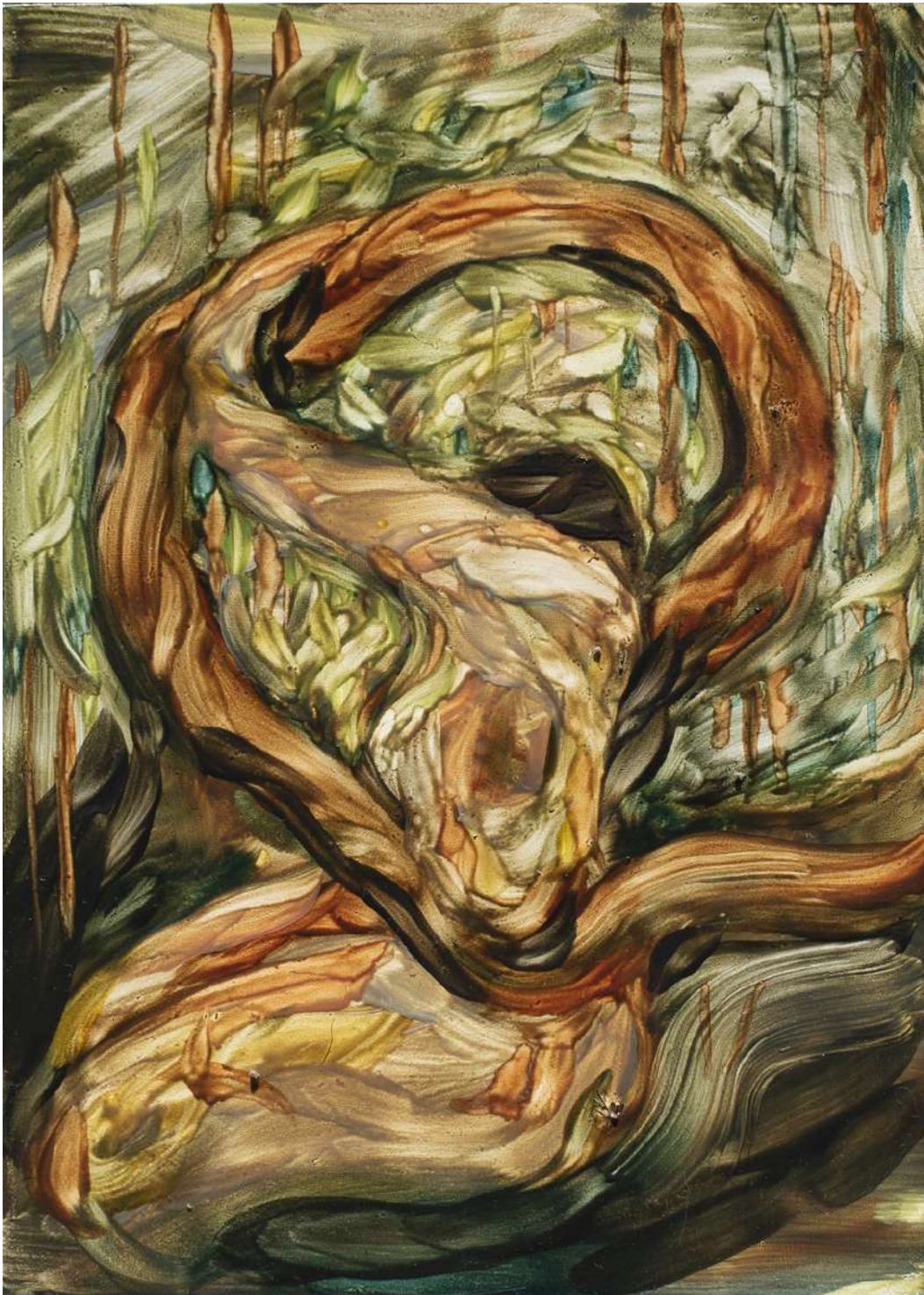
ZAR 33,000



HEIDI FOURIE
Sacred and Super, 2026
Collage on paper
122 x 77 cm / 130 x 85.2 x 3.5 cm framed
ZAR 46,000



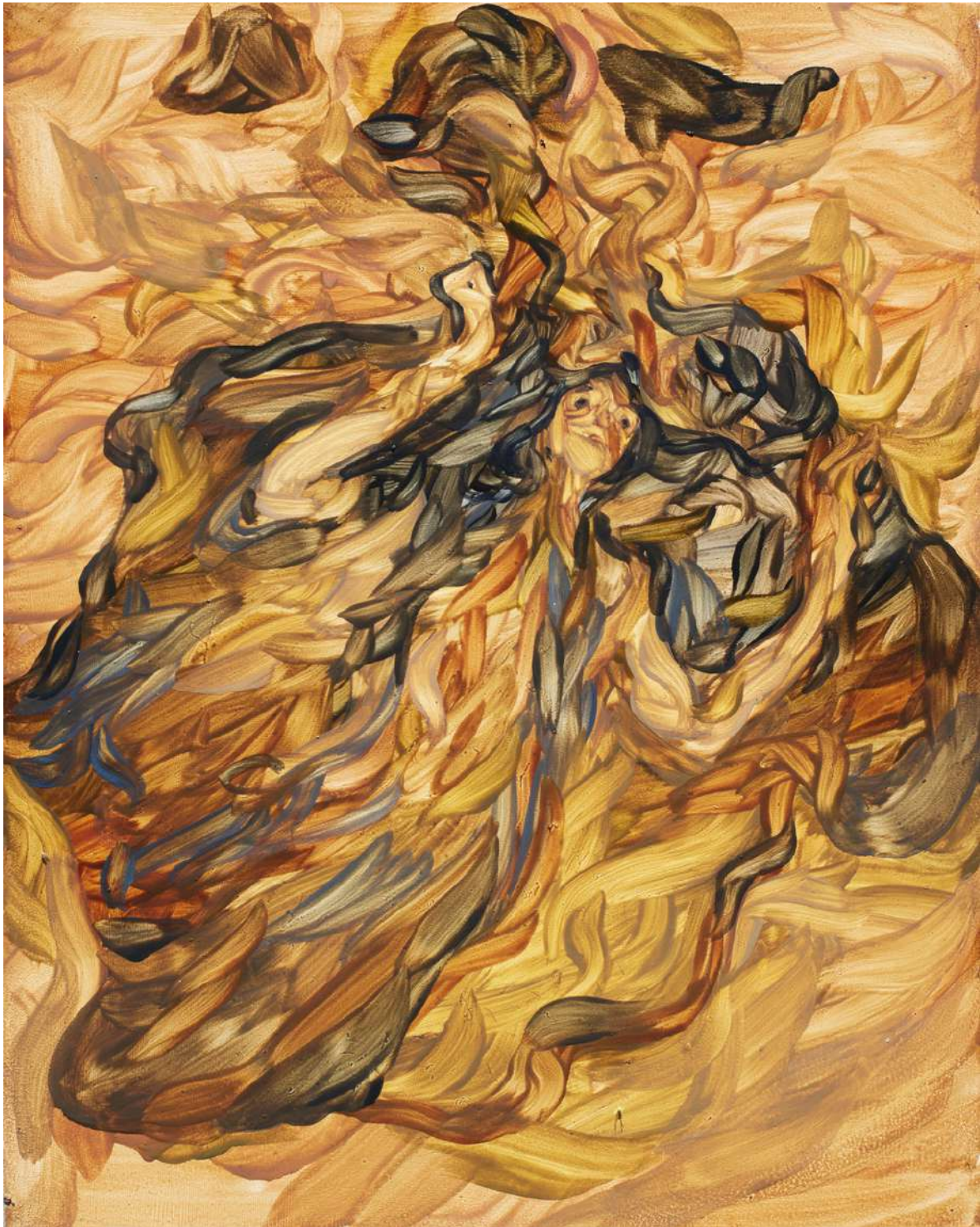
HEIDI FOURIE
The Embrace I, 2026
Oil on board
28 x 20 cm / 30.5 x 22.5 x 3.5 cm framed
ZAR 13,000



HEIDI FOURIE
The Embrace II, 2026
Oil on board
28 x 20 cm / 30.5 x 22.5 x 3.5 cm framed
ZAR 13,000



HEIDI FOURIE
Half Submerged, 2026
Watercolour on paper
13 x 20 cm / 20.8 x 27 x 3.5 cm framed
ZAR 5,000



HEIDI FOURIE
Jagged edged doorways, 2026
Oil on board
32 x 25 cm / 34.4 x 27.3 x 3.5 cm framed
ZAR 14,000



HEIDI FOURIE
Veld Matter, 2026
Oil on board
40 x 30 cm / 42.5 x 32.6 x 3.5 cm framed
ZAR 16,000



HEIDI FOURIE
Intently, 2026
Oil on board
32 x 30 cm / 34.3 x 32.5 x 3.5 cm framed
ZAR 14,000

About the Artist

Heidi Fourie (b. 1990) uses oil painting to explore the relationship between people and the spaces they occupy. She takes inspiration from the medium's natural tendency to represent organic lines and shapes. Curiosity motivates her practice, as demonstrated by her gestural representation, muted palette, and unique angular perspective. By emphasizing the natural world through washed texture and depth, Fourie explores intuition and relativity.

Fourie studies how the results of figurative representation and the intrinsic qualities of paint are pursued simultaneously. Her subject matter is simple – everyday scenes of figures and familiar objects – the simplicity frees her to practice and constantly refine her balancing act between restraint and excess, between gestural and polished mark-making.